ISSN 2222-2944. Інформаційні технології: наука, техніка, технологія, освіта, здоров'я. 2023

STUDENTS SOCIAL AND EMOTIONAL INTELLIGENCE DEVELOPMENT BASED ON ECO-HUMANISTIC APPROACH

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Purposeful development of social and emotional intelligence has become the urgent need of the present time. The aims of the next generation curriculum include the development of the general competencies that are based on social and emotional intelligence. The intelligence development is a rather complex process that requires the understanding of the psychological laws of both the development process itself and the age characteristics of students. The international projects that are dedicated to the development of students as agents of positive changes are the most effective training polygon for the innovative curriculum development. The courses of generic competences development focus on personal efficiency in the context of transformation within unfavourable conditions such as gaps in the communication, conflict interaction, stress situations, time shortage [1]. The main aim is to transform them into constructive activity.

The courses are intended to be an interactive training activity based on a comprehensive summary of the concepts and theories of self-development for improving clarity and awareness of its essence for developing cognitive and personality resources of an efficient agent of positive changes.

The multipurpose training materials were developed. They can be used for: 1) self-developing abilities and qualities that are relevant to efficiently functioning in the period of transformations; 2) practice in self-development based on understanding its sense and means of realization; 3) creating training environment for developing agents of changes [2, 3].

The courses provide the opportunity for students to enhance their professional and personal abilities and qualities: to provide complementary and crossed transaction for avoiding manipulation; to transfer conflict into constructive course; to manage stress situations; to use typology for efficient interaction; to manage time, to see the key result areas, to prioritize, to delegate.

The manifestation of the social and emotional intelligence development is competence in efficient problem solving; personal qualities of objectivity, responsibility, empathy, flexibility, creativity, autonomy and proactivity; abilities for reflection and synergistic interaction.

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