

BENEFITS OF LEARNING A FOREIGN LANGUAGE

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Mastering a new language requires a substantial amount of effort and time. Nowadays, it can help you stand out in the job market. This motivation keeps us continuing despite the difficulties and monotony of learning new words and grammar rules on a daily basis. For this purpose, current applicants are prepared to explore the scope of other cultures through language and vice versa.

Feelings, thinking, and behavioral forms that have been developed by individuals during their life within a certain society make up their cultural worldview, which is perceived precisely through language. Therefore, a person acquiring competence in two or more languages multiplies their worldview in a natural way and intellectualizes their mind. The best educational outcomes are demonstrated by bilinguals compared to monolinguals, according to the latest studies on bilingualism. Students who are ready to acquire as much knowledge and skills in the second language as they have in their first language not only study better at universities but show higher results in improving their intellectual ability, in further career development. Additionally, bilingual people are better and more easily able to transfer between languages, according to Ellen Bialystok (E. Bialystok, 2011). When it is necessary to retell information presented in two languages, bilingual participants use Language 1 to retell part of the information presented in it and apply Language 2 to the data presented in it. According to psycholinguistic observations, bilingualism does not protect people diagnosed with Alzheimer's disease from the same level of damage to the medial temporal cortex as monolinguals have, but they function at a better level.

But there is no proof to suggest that three languages are superior to two since the vast majority of bilinguals do not become bilingual because they tend to develop their talent for languages; rather, they become bilingual because their lives demand it. Trilingualism is typically regarded as a luxury option connected with intelligence, brain capacity, language ability, and education. The advantages of trilingualism are difficult to quantify, but without a doubt, they contribute to the formation of a high level of intercultural competence and awareness.

The need for intercultural literacy determines the current curriculum at universities. Thus, students of medical, law, and technical departments are given lectures in both English and Ukrainian languages. According to researchers, it is due to the fact that «intercultural competence is taught in an implicit way through inclusion in such courses as British and American Studies, or courses in the culture of English-speaking countries, Sociolinguistics, Linguistics, Phonetics, English Literature, Theory of Education, Folklore Studies, History (I. Lazar, 2001). For those who have the desire to improve their skills in languages, universities offer extra classes with a friendly and relaxing atmosphere, for instance within the coffee-shop-moded co-working space.